TEACHER GUIDE

4th–6th Grade

Includes Student Worksheets

Social Studies

- Weekly Lesson Schedule
- Worksheets
- Quizzes
- Answer Key

ELEMENTARY U.S. GEOGRAPHY & SOCIAL STUDIES



MASTERBOOKS® CURRICULUM

TEACHER GUIDE

4th–6th Grade

Includes Student Worksheets

Social Studies

- Weekly Lesson Schedule
- Activities
- Quizzes
- Answer Key

Elementary U.S. Geography & Social Studies

MASTER BOOKS CURRICULUM

Author: Craig Froman

Master Books Creative Team:

Editor: Craig Froman

Design: Terry White

Cover Design: Diana Bogardus

Copy Editors:
Judy Lewis
Willow Meek

Curriculum Review:
Kristen Pratt
Laura Welch
Diana Bogardus

100% GUARANTEE Faith Grower 100% GUARANTEE

All images are istock.com, getty.com, shutterstock.com, or public domain (CC0 1.0), (CC BY 2.0), (CC BY-SA2.0), (CC BY 3.0), (CC BY-SA 3.0).

First printing: August 2020
Second printing: March 2021

Copyright © 2020 by Craig Froman and Master Books®. All rights reserved. No part of this book may be reproduced, copied, broadcast, stored, or shared in any form whatsoever without written permission from the publisher, except in the case of brief quotations in articles and reviews For information write:

Master Books®, P.O. Box 726, Green Forest, AR 72638
Master Books® is a division of the New Leaf Publishing Group, Inc.

ISBN: 978-1-68344-230-1
ISBN: 978-1-61458-754-5 (digital)

Printed in the United States of America

Please visit our website for other great titles:
www.masterbooks.com



Craig Froman was born in California, then moved to Missouri, and now he lives with his precious wife and kids in Arkansas. The summer before he started 6th grade, his family drove for six weeks around the United States, traveling through 31 states and exploring so many wonders of God's world. He's since traveled to 40 of the 50 states! Craig has a bachelor of arts in business administration and a master's degree in education.

Permission is granted for copies of reproducible pages from this text to be made for use with immediate family members living in the same household. However, no part of this book may be reproduced, copied, broadcast, stored, or shared in any form beyond this use. Permission for any other use of the material must be requested by email from the publisher at info@nlpg.com.

Your reputation as a publisher is stellar. It is a blessing knowing anything I purchase from you is going to be worth every penny!

—Cheri ★★★★★

Last year we found Master Books and it has made a HUGE difference.

—Melanie ★★★★★

We love Master Books and the way it's set up for easy planning!

—Melissa ★★★★★

You have done a great job. MASTER BOOKS ROCKS!

—Stephanie ★★★★★

Physically high-quality, Biblically faithful, and well-written.

—Danika ★★★★★

Best books ever. Their illustrations are captivating and content amazing!

—Kathy ★★★★★

Affordable
Flexible
Faith Building

MASTERBOOKS
CURRICULUM

Table of Contents

Using This Teacher Guide 4

Course Objectives 4

Course Description 5

Suggested Daily Schedule 7

Worksheets 13

State Ranking Sheet – Timeline of Statehood 183

State Ranking Sheet – By Population 184

State Ranking Sheet – By Size 185

Quizzes 187

- U.S. Map Quiz – Semester 1
- U.S. State Capital Quiz – Semester 1
- Worksheet Quiz – Semester 1
- U.S. Map Quiz – Semester 2
- U.S. State Capital Quiz – Semester 2
- Worksheet Quiz – Semester 2

Answer Keys 201

- Worksheet Answer Keys
- Quiz Answer Keys
- State Ranking Answer Keys

American Sign Language Alphabet 213

Games and More! 214

Using This Teacher Guide

Features: The suggested weekly schedule enclosed has easy-to-manage lessons that guide the reading, worksheets, and all assessments. The pages of this guide are perforated and three-hole punched so materials are easy to tear out, hand out, grade, and store. Teachers are encouraged to adjust the schedule and materials needed in order to best work within their unique educational program.

Activity Time: Throughout the course, every other Friday is set aside for an activity day, except for the final Friday of each semester, which is set up as a semester quiz day. These activities will include optional travel suggestions, state ranking sheets, optional state music categories, and state food recipes from the past two weeks. Also, where applicable, activity pages will refer to the *Awesome Science* DVD Set, *America's National Parks: A Creation Tour.* These are in no way necessary to complete the course and are simply referenced as resources to enhance the student's experience.

	**Approximately 30 to 45 minutes per lesson, five days a week**
	**Includes answer keys for worksheets and quizzes**
	**Worksheets for each section**
	**Quizzes are included to help reinforce learning and provide assessment opportunities**
	**Designed for grades 4 to 6 in a one-year course**
	**Supports activity-based learning**

Course Objectives: Students completing this course will

- Discover the godly beginnings found within each state's preamble to their constitutions
- Identify geographic locations of specially designated state and national memorials and parks
- Study the history of the state and history makers who have shaped cities, states, and the nation
- Learn about state-specific facts, cultural and traditional customs, and interesting information about God's natural wonders
- Explore the meaning of state names, capital city names, and the symbols of the state flags
- Investigate interesting facts about the state quarter series, special regional music, state recipes, and more

Course Description

Journey through the United States to discover culture and traditions, God's natural wonders, history makers, history markers, science and technology, economic resources, exploration, and industries. Utilizing the *Children's Atlas of the U.S.A.* and *Passport to America*, the course includes a study of statehood dates, capital cities, state flowers, state birds, and state nicknames. It is a book journey that glorifies God, explores His creation, and highlights amazing things all across America.

Mentioned along with each state in this Teacher Guide is additional detail on the quarters created for the 50 States Commemorative Coin Program Act (Public Law 105-124) that was signed into law on December 1, 1997, by President Clinton. This Act allowed quarters to be designed and circulated for each of the 50 states starting in 1999. These coins were released in the order that the states ratified the Constitution or were admitted as states into the Union. The symbols and imagery are found on each state's specific worksheet.

First printing corrections for books used in this course: The following changes will be reflected in new printings of the *Children's Atlas of the U.S.A.*: The state flag of Mississippi is supposed to change by the end of 2020, and the nickname of Oklahoma on page 76 should be "The Sooner State." The following changes will be reflected in new printings of *Passport to America*: The state flag of Mississippi is supposed to change by the end of 2020, and on page 109 it should state "Official bird" and "Official flower," not "State bird" and "State flower."

Note on worksheets: These evaluative tools are included in this Teacher Guide. As students have varying learning styles, teachers may choose to adapt any of the possible assessments in this course to best meet the needs of their student learners. Worksheets are based on readings, noting various facts to be remembered. Let the course be a time to encourage students to love the process of learning; something that will be part of their lives well beyond their more formal schooling years.

Special activities: As mentioned previously, every other Friday (other than the last Friday of each semester) is set aside for special activities. Feel free to use this day as you wish, perhaps as merely a day to catch up on readings or worksheets, or as a rest day, or to see which special activities you may wish to pursue for the day! If you enjoy doing recipes, these are included from the states that were just studied. Choose one or all of the recipes or products for your day! Also, you may choose to play various games related to the learning that are available in the back of the Teacher Guide.

State Ranking Sheets: These sheets will help students compare the various state information. There is one covering a timeline of statehood, one focused on state populations, and one focused on ranking states by size. A teacher may wish to tear these out at the beginning of the course and have students fill them in as they go, or a student could go through them at the end of each semester. They are always mentioned with a reminder on each activity day (approximately every two weeks).

Semester quiz day: The final Friday of each semester is set aside for a quiz day. This is a very flexible day because some teachers will choose not to give quizzes or exams to students at the elementary level. Because some states may require it for homeschooling, we have included various options for you to choose from for your students. There are typical quizzes based on the previous semester worksheets, as well as others based on the U.S. map and capital cities. As mentioned before, teachers may choose not to test students if they wish, using only the worksheets or narrative (verbal) responses to grade student progress.

Now, let's get ready to explore the United States!

First Semester Suggested Daily Schedule

Date	Day	Assignment	Due Date	✓	Grade
First Semester-First Quarter					
Week 1	Day 1	Read Introduction • *Children's Atlas of the U.S.A.* • (CA) • Pages 2–3 Read about Alabama • Pages 6–7			
	Day 2	Read Introduction • *Passport to America* • (PA) • Pages 6–7 Read about Alabama • Pages 8–9			
	Day 3	Complete Alabama Worksheet • Pages 15–16 • *Teacher Guide* • (TG)			
	Day 4	Read about Alaska • Pages 8–9 • (CA)			
	Day 5	Read about Alaska • Pages 10–11 • (PA)			
Week 2	Day 6	Complete Alaska Worksheet • Pages 17–18 • (TG)			
	Day 7	Read about Arizona • Pages 10–11 • (CA)			
	Day 8	Read about Arizona • Pages 12–13 • (PA)			
	Day 9	Complete Arizona Worksheet • Pages 19–20 • (TG)			
	Day 10	See Activity Day Worksheet 1 • Pages 21–24 • (TG)			
Week 3	Day 11	Read about Arkansas • Pages 12–13 • (CA)			
	Day 12	Read about Arkansas • Pages 14–15 • (PA)			
	Day 13	Complete Arkansas Worksheet • Pages 25–26 • (TG)			
	Day 14	Read about California • Pages 14–15 • (CA)			
	Day 15	Read about California • Pages 16–17 • (PA)			
Week 4	Day 16	Complete California Worksheet • Pages 27–28 • (TG)			
	Day 17	Read about Colorado • Pages 16–17 • (CA)			
	Day 18	Read about Colorado • Pages 18–19 • (PA)			
	Day 19	Complete Colorado Worksheet • Pages 29–30 • (TG)			
	Day 20	See Activity Day Worksheet 2 • Pages 31–34 • (TG)			
Week 5	Day 21	Read about Connecticut • Pages 18–19 • (CA)			
	Day 22	Read about Connecticut • Pages 20–21 • (PA)			
	Day 23	Complete Connecticut Worksheet • Pages 35–36 • (TG)			
	Day 24	Read about Delaware • Pages 20–21 • (CA)			
	Day 25	Read about Delaware • Pages 22–23 • (PA)			
Week 6	Day 26	Complete Delaware Worksheet • Pages 37–38 • (TG)			
	Day 27	Read about Florida • Pages 22–23 • (CA)			
	Day 28	Read about Florida • Pages 24–25 • (PA)			
	Day 29	Complete Florida Worksheet • Pages 39–40 • (TG)			
	Day 30	See Activity Day Worksheet 3 • Pages 41–44 • (TG)			
Week 7	Day 31	Read about Georgia • Pages 24–25 • (CA)			
	Day 32	Read about Georgia • Pages 26–27 • (PA)			
	Day 33	Complete Georgia Worksheet • Pages 45–46 • (TG)			
	Day 34	Read about Hawaii • Pages 26–27 • (CA)			
	Day 35	Read about Hawaii • Pages 28–29 • (PA)			

Date	Day	Assignment	Due Date	✓	Grade
	Day 36	Complete Hawaii Worksheet • Pages 47–48 • (TG)			
	Day 37	Read about Idaho • Pages 28–29 • (CA)			
Week 8	Day 38	Read about Idaho • Pages 30–31 • (PA)			
	Day 39	Complete Idaho Worksheet • Pages 49–50 • (TG)			
	Day 40	Activity Day Worksheet 4 • Pages 51–54 • (TG)			
	Day 41	Read about Illinois • Pages 30–31 • (CA)			
	Day 42	Read about Illinois • Pages 32–33 • (PA)			
Week 9	Day 43	Complete Illinois Worksheet • Pages 55–56 • (TG)			
	Day 44	Read about Indiana • Pages 32–33 • (CA)			
	Day 45	Read about Indiana • Pages 34–35 • (PA)			
		First Semester-Second Quarter			
	Day 46	Complete Indiana Worksheet • Pages 57–58 • (TG)			
	Day 47	Read about Iowa • Pages 34–35 • (CA)			
Week 1	Day 48	Read about Iowa • Pages 36–37 • (PA)			
	Day 49	Complete Iowa Worksheet • Pages 59–60 • (TG)			
	Day 50	Activity Day Worksheet 5 • Pages 61–64 • (TG)			
	Day 51	Read about Kansas • Pages 36–37 • (CA)			
	Day 52	Read about Kansas • Pages 38–39 • (PA)			
Week 2	Day 53	Complete Kansas Worksheet • Pages 65–66 • (TG)			
	Day 54	Read about Kentucky • Pages 38–39 • (CA)			
	Day 55	Read about Kentucky • Pages 40–41 • (PA)			
	Day 56	Complete Kentucky Worksheet • Pages 67–68 • (TG)			
	Day 57	Read about Louisiana • Pages 40–41 • (CA)			
Week 3	Day 58	Read about Louisiana • Pages 42–43 • (PA)			
	Day 59	Complete Louisiana Worksheet • Pages 69–70 • (TG)			
	Day 60	See Activity Day Worksheet 6 • Pages 71–74 • (TG)			
	Day 61	Read about Maine • Pages 42–43 • (CA)			
	Day 62	Read about Maine • Pages 44–45 • (PA)			
Week 4	Day 63	Complete Maine Worksheet • Pages 75–76 • (TG)			
	Day 64	Read about Maryland • Pages 44–45 • (CA)			
	Day 65	Read about Maryland • Pages 46–47 • (PA)			
	Day 66	Complete Maryland Worksheet • Pages 77–78 • (TG)			
	Day 67	Read about Massachusetts • Pages 46–47 • (CA)			
Week 5	Day 68	Read about Massachusetts • Pages 48–49 • (PA)			
	Day 69	Complete Massachusetts Worksheet • Pages 79–80 • (TG)			
	Day 70	See Activity Day Worksheet 7 • Pages 81–84 • (TG)			
	Day 71	Read about Michigan • Pages 48–49 • (CA)			
	Day 72	Read about Michigan • Pages 50–51 • (PA)			
Week 6	Day 73	Complete Michigan Worksheet • Pages 85–86 • (TG)			
	Day 74	Read about Minnesota • Pages 50–51 • (CA)			
	Day 75	Read about Minnesota • Pages 52–53 • (PA)			

Date	Day	Assignment	Due Date	✓	Grade
Week 7	Day 76	Complete Minnesota Worksheet • Pages 87–88 • (TG)			
	Day 77	Read about Mississippi • Pages 52–53 • (CA)			
	Day 78	Read about Mississippi • Pages 54–55 • (PA)			
	Day 79	Complete Mississippi Worksheet • Pages 89–90 • (TG)			
	Day 80	Read about Missouri • Pages 54–55 • (CA)			
Week 8	Day 81	Read about Missouri • Pages 56–57 • (PA)			
	Day 82	Complete Missouri Worksheet • Pages 91–92 • (TG)			
	Day 83	See Activity Day Worksheet 8 • Pages 93–97 • (TG)			
	Day 84	**Review Day 1:** Study over the Worksheets • Pages 15–28 • (TG) Alabama, Alaska, Arizona, Arkansas, and California.			
	Day 85	**Review Day 2:** Study over the Worksheets • Pages 29–46 • (TG) Colorado, Connecticut, Delaware, Florida, and Georgia.			
Week 9	Day 86	**Review Day 3:** Study over the Worksheets • Pages 47–60 • (TG) Hawaii, Idaho, Illinois, Indiana, and Iowa.			
	Day 87	**Review Day 4:** Study over the Worksheets • Pages 65–78 • (TG) Kansas, Kentucky, Louisiana, Maine, and Maryland.			
	Day 88	**Review Day 5:** Study over the Worksheets • Pages 79–92 • (TG) Massachusetts, Michigan, Minnesota, Mississippi, and Missouri.			
	Day 89	**Review Day 6:** Study the United States Map and the Above States You Have Studied So Far • Pages 15–92 • (TG)			
	Day 90	*Complete **First Semester Quizzes** • Pages 189–194 • (TG)			
		Mid-Term Grade			

*Please know that some teachers do not choose to quiz on this level. If you do, you may select the quizzes you feel are most suited for your student.

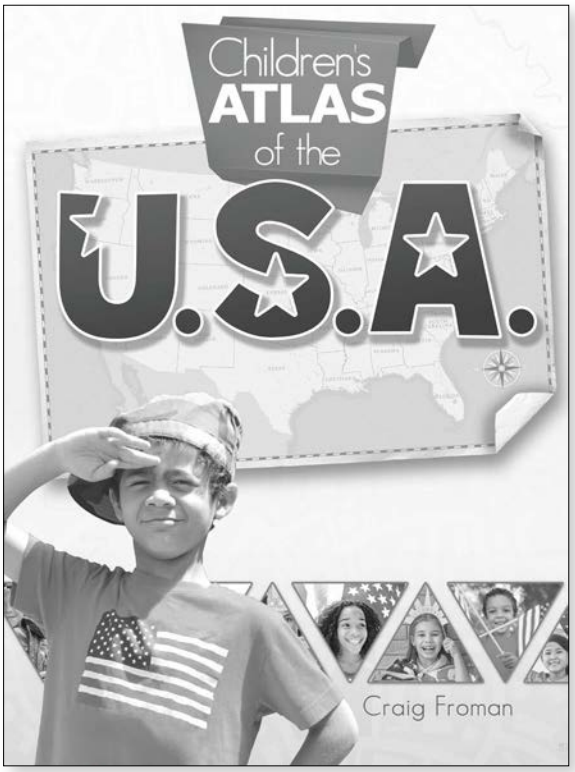
Second Semester Suggested Daily Schedule

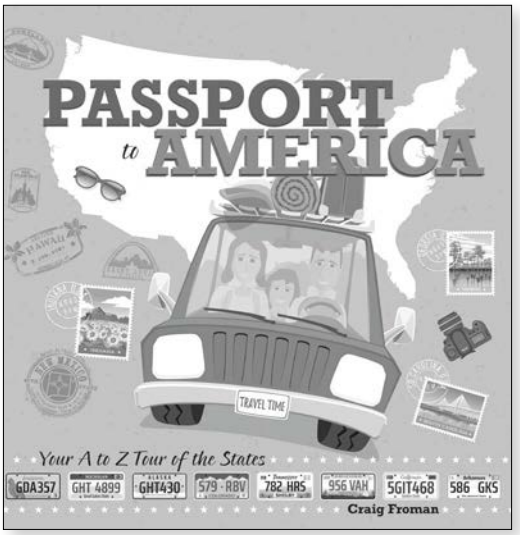
Date	Day	Assignment	Due Date	✓	Grade
		Second Semester-Third Quarter			
	Day 91	Read about Montana • Pages 56–57 • (CA)			
	Day 92	Read about Montana • Pages 58–59 • (PA)			
Week 1	Day 93	Complete Montana Worksheet • Pages 99–100 • (TG)			
	Day 94	Read about Nebraska • Pages 58–59 • (CA)			
	Day 95	Read about Nebraska • Pages 60–61 • (PA)			
	Day 96	Complete Nebraska Worksheet • Pages 101–102 • (TG)			
	Day 97	Read about Nevada • Pages 60–61 • (CA)			
Week 2	Day 98	Read about Nevada • Pages 62–63 • (PA)			
	Day 99	Complete Nevada Worksheet • Pages 103–104 • (TG)			
	Day 100	See Activity Day Worksheet 9 • Pages 105–108 • (TG)			
	Day 101	Read about New Hampshire • Pages 62–63 • (CA)			
	Day 102	Read about New Hampshire • Pages 64–65 • (PA)			
Week 3	Day 103	Complete New Hampshire Worksheet • Pages 109–110 • (TG)			
	Day 104	Read about New Jersey • Pages 64–65 • (CA)			
	Day 105	Read about New Jersey • Pages 66–67 • (PA)			
	Day 106	Complete New Jersey Worksheet • Pages 111–112 • (TG)			
	Day 107	Read about New Mexico • Pages 66–67 • (CA)			
Week 4	Day 108	Read about New Mexico • Pages 68–69 • (PA)			
	Day 109	Complete New Mexico Worksheet • Pages 113–114 • (TG)			
	Day 110	See Activity Day Worksheet 10 • Pages 115–118 • (TG)			
	Day 111	Read about New York • Pages 68–69 • (CA)			
	Day 112	Read about New York • Pages 70–71 • (PA)			
Week 5	Day 113	Complete New York Worksheet • Pages 119–120 • (TG)			
	Day 114	Read about North Carolina • Pages 70–71 • (CA)			
	Day 115	Read about North Carolina • Pages 72–73 • (PA)			
	Day 116	Complete North Carolina Worksheet • Pages 121–122 • (TG)			
	Day 117	Read about North Dakota • Pages 72–73 • (CA)			
Week 6	Day 118	Read about North Dakota • Pages 74–75 • (PA)			
	Day 119	Complete North Dakota Worksheet • Pages 123–124 • (TG)			
	Day 120	See Activity Day Worksheet 11 • Pages 125–128 • (TG)			
	Day 121	Read about Ohio • Pages 74–75 • (CA)			
	Day 122	Read about Ohio • Pages 76–77 • (PA)			
Week 7	Day 123	Complete Ohio Worksheet • Pages 129–130 • (TG)			
	Day 124	Read about Oklahoma • Pages 76–77 • (CA)			
	Day 125	Read about Oklahoma • Pages 78–79 • (PA)			

Date	Day	Assignment	Due Date	✓	Grade
	Day 126	Complete Oklahoma Worksheet • Pages 131–132 • (TG)			
	Day 127	Read about Oregon • Pages 78–79 • (CA)			
Week 8	Day 128	Read about Oregon • Pages 80–81 • (PA)			
	Day 129	Complete Oregon Worksheet • Pages 133–134 • (TG)			
	Day 130	See Activity Day Worksheet 12 • Pages 135–138 • (TG)			
	Day 131	Read about Pennsylvania • Pages 80–81 • (CA)			
	Day 132	Read about Pennsylvania • Pages 82–83 • (PA)			
Week 9	Day 133	Complete Pennsylvania Worksheet • Pages 139–140 • (TG)			
	Day 134	Read about Rhode Island • Pages 82–83 • (CA)			
	Day 135	Read about Rhode Island • Pages 84–85 • (PA)			
		Second Semester-Fourth Quarter			
	Day 136	Complete Rhode Island Worksheet • Pages 141–142 • (TG)			
	Day 137	Read about South Carolina • Pages 84–85 • (CA)			
Week 1	Day 138	Read about South Carolina • Pages 86–87 • (PA)			
	Day 139	Complete South Carolina Worksheet • Pages 143–144 • (TG)			
	Day 140	See Activity Day Worksheet 13 • Pages 145–148 • (TG)			
	Day 141	Read about South Dakota • Pages 86–87 • (CA)			
	Day 142	Read about South Dakota • Pages 88–89 • (PA)			
Week 2	Day 143	Complete South Dakota Worksheet • Pages 149–150 • (TG)			
	Day 144	Read about Tennessee • Pages 88–89 • (CA)			
	Day 145	Read about Tennessee • Pages 90–91 • (PA)			
	Day 146	Complete Tennessee Worksheet • Pages 151–152 • (TG)			
	Day 147	Read about Texas • Pages 90–91 • (CA)			
Week 3	Day 148	Read about Texas • Pages 92–93 • (PA)			
	Day 149	Complete Texas Worksheet • Pages 153–154 • (TG)			
	Day 150	See Activity Day Worksheet 14 • Pages 155–158 • (TG)			
	Day 151	Read about Utah • Pages 92–93 • (CA)			
	Day 152	Read about Utah • Pages 94–95 • (PA)			
Week 4	Day 153	Complete Utah Worksheet • Pages 159–160 • (TG)			
	Day 154	Read about Vermont • Pages 94–95 • (CA)			
	Day 155	Read about Vermont • Pages 96–97 • (CA)			
	Day 156	Complete Vermont Worksheet • Pages 161–162 • (TG)			
	Day 157	Read about Virginia • Pages 96–97 • (CA)			
Week 5	Day 158	Read about Virginia • Pages 98–99 • (PA)			
	Day 159	Complete Virginia Worksheet • Pages 163–164 • (TG)			
	Day 160	See Activity Day Worksheet 15 • Pages 165–168 • (TG)			

Date	Day	Assignment	Due Date	✓	Grade
Week 6	Day 161	Read about Washington • Pages 98–99 • (CA)			
	Day 162	Read about Washington • Pages 100–101 • (PA)			
	Day 163	Complete Washington Worksheet • Pages 169–170 • (TG)			
	Day 164	Read about West Virginia • Pages 100–101 • (CA)			
	Day 165	Read about West Virginia • Pages 102–103 • (PA)			
Week 7	Day 166	Complete West Virginia Worksheet • Pages 171–172 • (TG)			
	Day 167	Read about Wisconsin • Pages 102–103 • (CA)			
	Day 168	Read about Wisconsin • Pages 104–105 • (PA)			
	Day 169	Complete Wisconsin Worksheet • Pages 173–174 • (TG)			
	Day 170	Read about Wyoming • Pages 104–105 • (CA)			
Week 8	Day 171	Read about Wyoming • Pages 106–107 • (PA)			
	Day 172	Complete Wyoming Worksheet • Pages 175–176 • (TG)			
	Day 173	Read about Washington, D.C. • Pages 106–107 • (CA)			
	Day 174	Read about Washington, D.C. • Pages 108–109 • (PA)			
	Day 175	Complete Washington, D.C. Worksheet • Pages 177–178 (TG)			
Week 9	Day 176	See Activity Day Worksheet 16 • Pages 179–182 • (TG)			
	Day 177	**Review Day 7:** Study over the Worksheets • Pages 99–130 (TG) from Montana to Ohio.			
	Day 178	**Review Day 8:** Study over the Worksheets • Pages 131–162 (TG) from Oklahoma to Vermont.			
	Day 179	**Review Day 9:** Study over the Worksheets • Pages 163–178 (TG) from Virginia to Washington, D.C. and the United States Map.			
	Day 180	*Complete **Second Semester Quizzes** • Pages 195–200 • (TG)			
		Final Grade			

*Please know that some teachers do not choose to quiz on this level. If you do, you may select the quizzes you feel are most suited for your student.





Worksheets

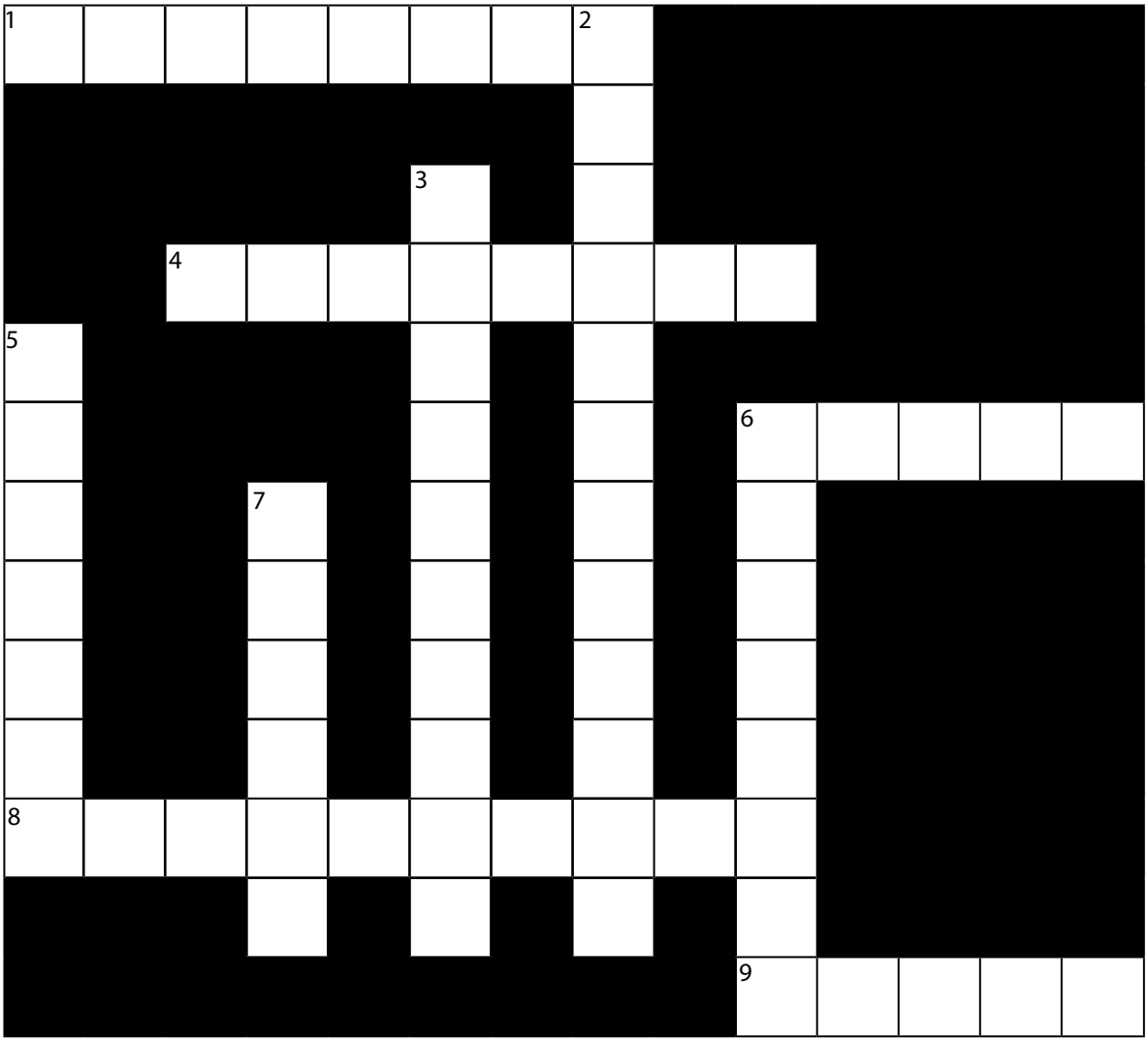
for Use with

Children's Atlas of the U.S.A.

and

Passport to America

Crossword Puzzle



Across

1. Preamble: "We the people of the State of Alabama . . . invoking the favor and guidance of _____ God. . . ."
4. The state flower is the _____.
6. The state is in the U.S. region of the _____.
8. The capital city of Alabama is _____.
9. The state nickname is The Yellowhammer State/The _____ of Dixie.

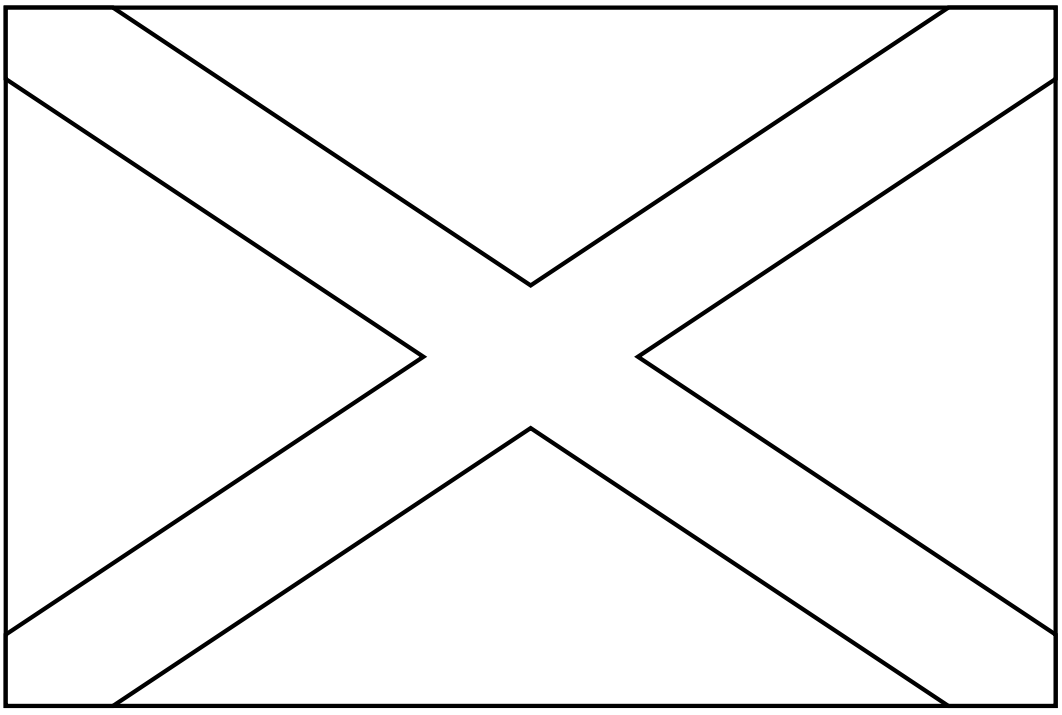
Down

2. The state bird is the _____.
3. The name of the state means "thicket-clearers" or "_____ gatherers."
5. In 1961, a group of "_____ Riders" set out on a bus to challenge laws that were discriminatory.
6. A resident of Alabama named _____ created the written alphabet of the Cherokee language.
7. The state motto is "We dare defend our _____."

DID YOU KNOW? The quarter of Alabama was the 22nd in the State Quarter series. Released on March 17, 2003, it features Helen Keller, who was born in Alabama. Though she lost her hearing and her sight, she learned to read and write. Her name is written in English as well as in Braille. Branches of the state tree are on her left and blooms of the state flower are on her right.



Color in the flag of Alabama.



Use this space to draw the state bird, state flower, or something else you found interesting about the state.

Word Search

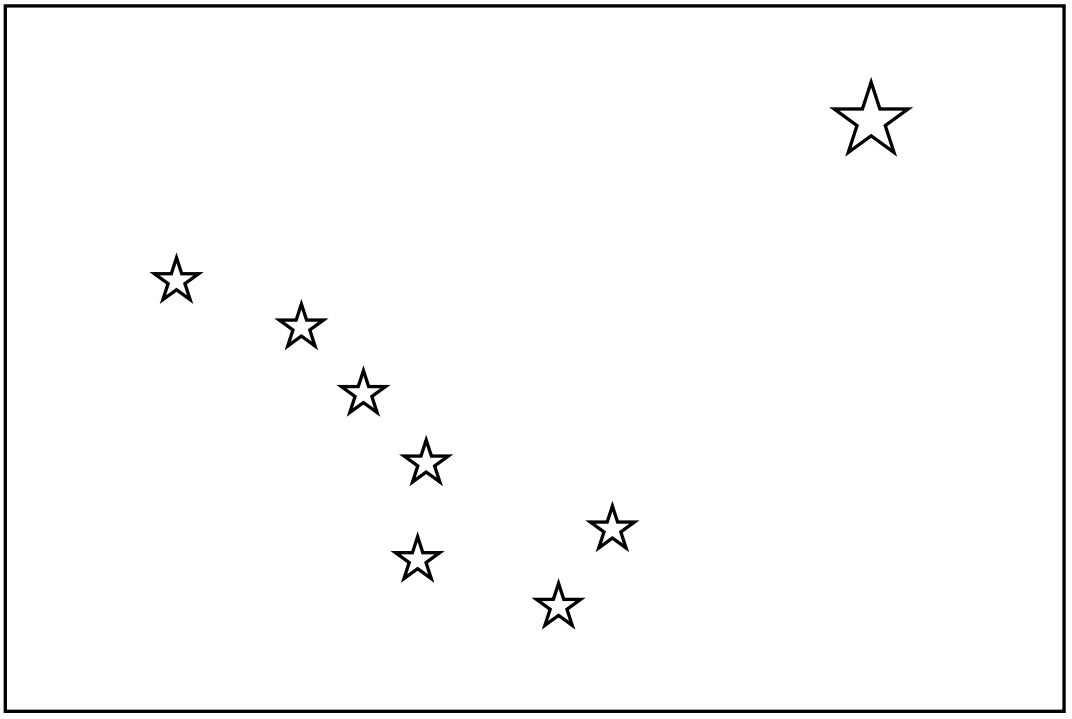
Z	B	P	E	O	P	L	E	S	A	F
P	A	W	C	B	E	E	H	M	P	O
T	E	J	W	Y	I	T	A	B	N	R
A	X	L	U	W	Q	M	U	O	Q	G
R	F	R	O	N	T	I	E	R	V	E
M	I	O	U	O	E	D	K	P	F	T
I	K	E	F	R	X	A	L	H	R	M
G	O	D	Z	T	Q	X	U	A	T	E
A	W	R	E	H	U	I	M	N	Y	N
N	J	A	S	D	F	L	K	T	U	O
A	W	E	S	T	Z	G	R	E	A	T

1. The capital city of Alaska is _____.
2. The name of the state means "_____ land," "mainland," or "the object the sea waves break against."
3. The state flower is the _____.
4. Alaska's flag was designed by Benny Benson in 1927, who was an _____.
5. The state is in the U.S. region of the _____.
6. The state bird is the _____.
7. Eyak, Inupiat, and Yupik are the names of some of the native _____ of Alaska.
8. The state nickname is "The Last _____."
9. Preamble: "We the people of Alaska, grateful to _____. . . ."
10. The state motto is "_____ to the Future."

DID YOU KNOW? The quarter of Alaska was the 49th in the State Quarter series. Released on August 25, 2008, it features a grizzly bear fishing for salmon with the slogan "The Great Land." The grizzly symbolizes the wildness and abundance of the land.



Color in the flag of Alaska.



Use this space to draw the state bird, state flower, or something else you found interesting about the state.

Word Scramble

1. The capital city of Arizona is _____.
   hPoexin

2. The name of the state means "young spring" or "a _____ spring."
   ttleil

3. The state flower is the blossom of the saguaro _____.
   tcusca

4. The massive Grand Canyon was carved by the movement of the receding waters after the Great _____.
   ooFld

5. The state is in the U.S. region of the _____.
   etsW

6. The state bird is the Cactus _____.
   rnew

7. The Arizona capitol building has enough _____ on the roof to make 4,800,000 pennies.
   percop

8. The state nickname is "The _____ Canyon State."
   radnG

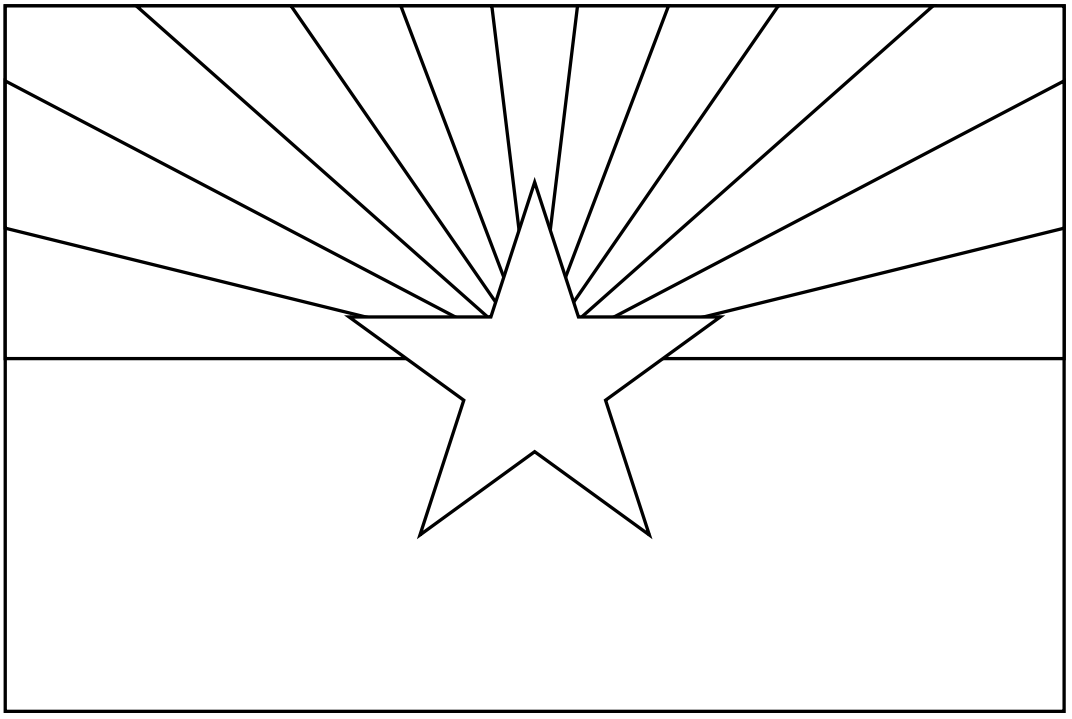
9. Preamble: "We the people of the State of Arizona, grateful to _____ God. . . ."
   mlAytigh

10. The state motto is "_____ enriches."
    oGd

DID YOU KNOW? The quarter of Arizona was the 48th in the State Quarter series. Released on June 2, 2008, it features the Grand Canyon and a saguaro cactus. The nickname is also a part of the image, showing "Grand Canyon State."



Color in the flag of Arizona.



Use this space to draw the state bird, state flower, or something else you found interesting about the state.

State Ranking Sheets

Begin filling out or continue filling out your three state ranking sheets in the back of the book. These compare the timeline of statehood, the populations, and the sizes of each state.

Optional: Watch *Awesome Science* DVD of Grand Canyon, Meteor Crater, and/or the Petrified Forest.



Optional State Music Categories!

Consider the following types of music that either originated from the states or have become a strong part of that state's cultural identity. A teacher might choose to search for them online or to search them out in a local library:

Alabama

1. Blues and jazz music
2. Appalachian folk music
3. Gospel music
4. The state song: "Alabama"

Alaska

1. Music of the Inupiaq, Aleut, or other Native Alaskan people
2. Folk songs of Russian or Irish immigrants to the area
3. The state song: "Alaska's Flag"

Arizona

1. Music of Mexican influence, including mariachi and conjuto
2. Music of the Navajo or Tohono O'Odham people, such as chicken scratch
3. The state song: "Arizona"

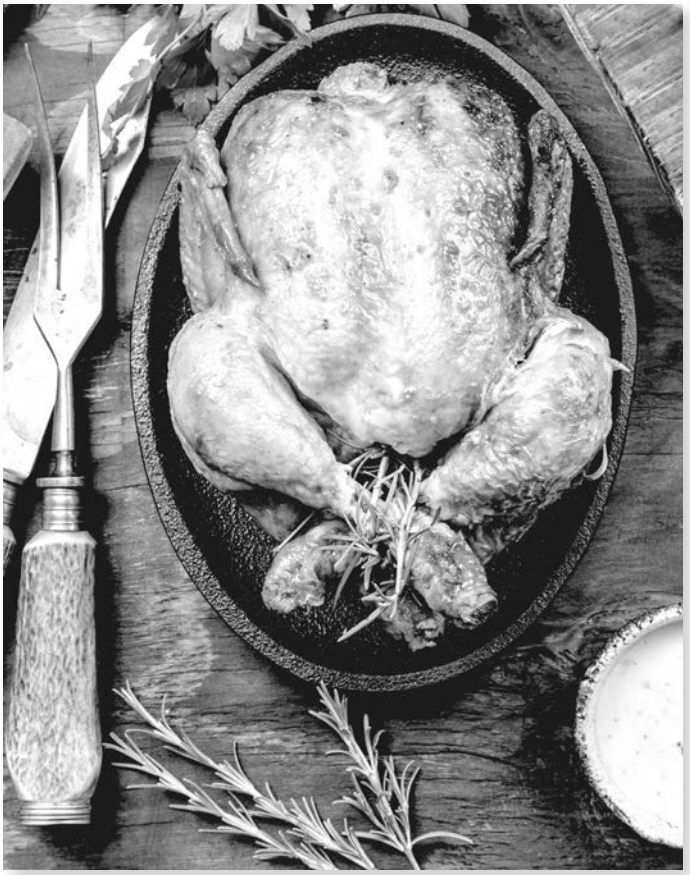
American Sign Language Alphabet Sheet

See if you can sign the names of each state as you go through the book using the alphabet sheet on page 213!

Optional Recipes from the States!

ALABAMA

Chicken and White Barbecue Sauce



This special white barbecue sauce was first made by an Alabama man by the name of Bob Gibson in 1925. The following recipe is for the white barbecue sauce. You may roast or barbecue the chicken however you like it best. Then you can dip it in the sauce and enjoy! (If you prefer, you can always order white barbecue sauce from Alabama.)

Ingredients:

- ☐ apple cider vinegar (½ cup)
- ☐ apple juice (¼ cup)
- ☐ black pepper (1½ teaspoons)
- ☐ cayenne pepper (¼ teaspoon)
- ☐ horseradish (¼ cup)
- ☐ lemon juice (2 tablespoons)
- ☐ mayonnaise (1½ cups)
- ☐ salt (1 teaspoon)

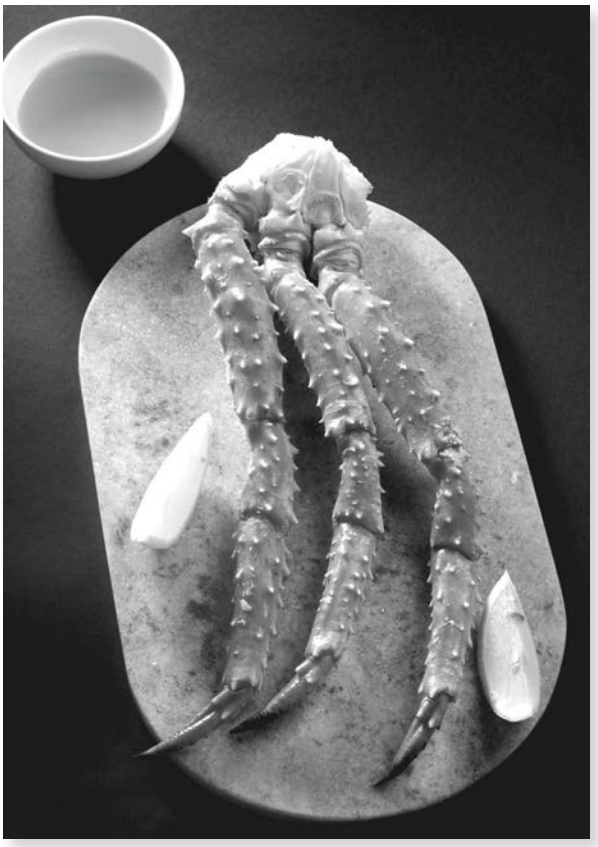
Recipe:

1. Pour all the ingredients in a bowl.
2. Mix or whisk until everything is creamy.
3. Cover and place in the refrigerator to cool.
4. Prepare and cook your chicken.
5. Serve sauce in individual bowls for dipping.



ALASKA

Alaskan King Crab Legs



This crab meat is cooked as soon as they are taken off the fishing boats. Then they are flash-frozen, which makes sure they taste fresh when you get them from your store. A single large king crab leg can weigh more than a pound! You can certainly choose canned crab meat if you wish.

Ingredients:

- ☐ butter (approximately 4 tablespoons, melted)
- ☐ 12 or 20 ounces of king crab legs (you may certainly substitute a can of crab meat to avoid the fun mess!)
- ☐ several lemon wedges
- ☐ salt (a pinch or two, about ⅛ teaspoon)

Recipe:

1. Make sure you have a large stockpot so the crab legs can all fit in the water.
2. Fill the pot with water and add a pinch or two of salt.
3. Bring the pot of water to a boil.
4. Put the crab legs into the water using tongs to keep safe.
5. Cook for approximately 5 minutes.
6. Pull them out with tongs and let cool.
7. Warm the butter in a microwave.
8. Squeeze the lemon slices over the crab legs.
9. Crack them open as you eat them, dipping them in the heated butter.



ARIZONA

Chimichangas

Chimichangas are deep-fried burritos with beef or chicken. These have become very common in what is called Tex-Mex cuisine since they first appeared in the 1950s. This recipe calls for chicken.

Ingredients:

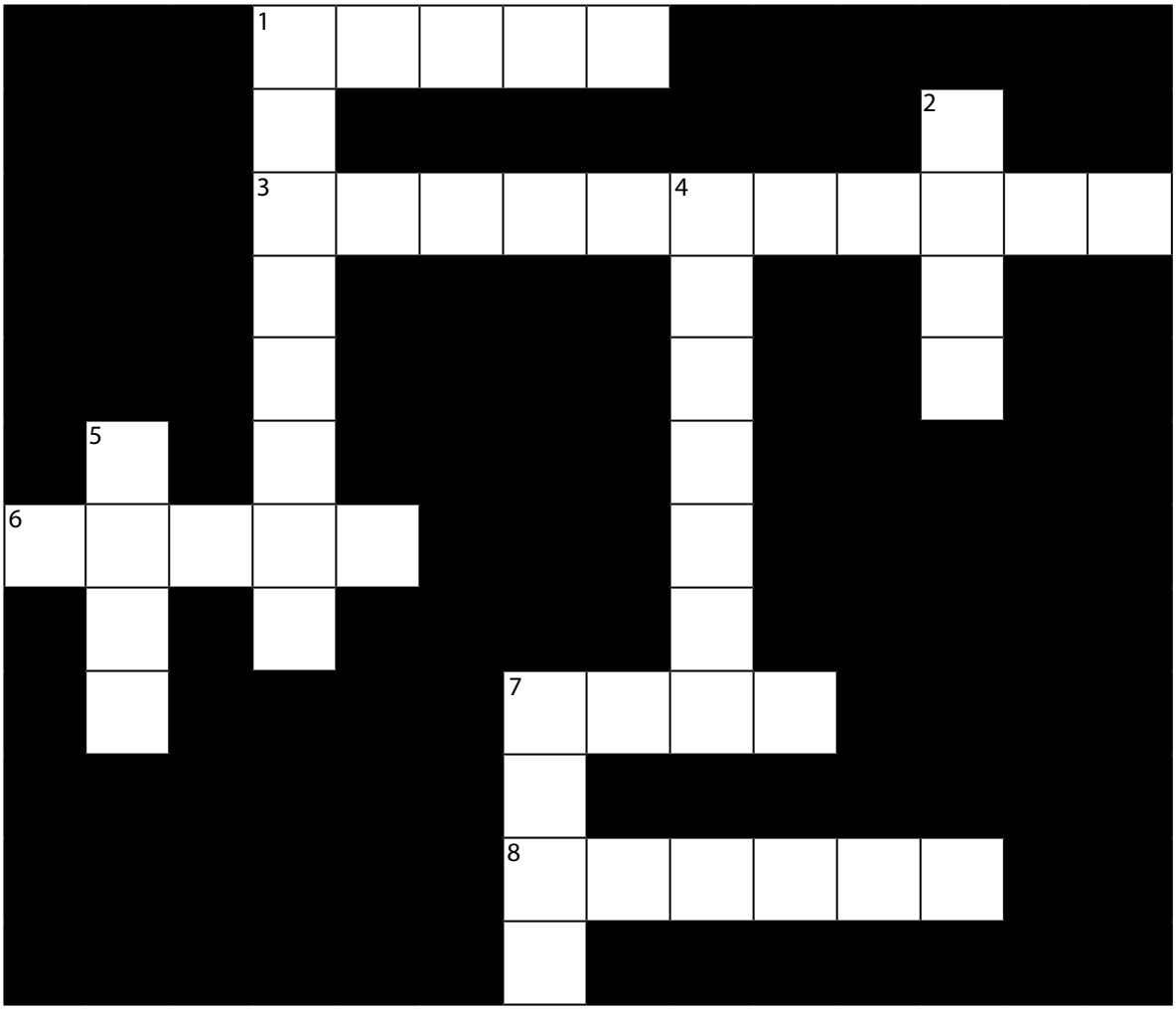
- ☐ beans (can of refried or black beans)
- ☐ cheese (12 ounces, shredded)
- ☐ chicken (several boneless chicken breasts to shred)
- ☐ flour tortillas (one or two per person)
- ☐ oil (½ cup of cooking oil for frying)
- ☐ onion (1 diced)
- ☐ salsa (one jar)
- ☐ sour cream (one small container)

Recipe:

1. Boil the chicken breasts (15 to 20 minutes for boneless).
2. Mix the beans, cheese, salsa, and onion in a bowl.
3. When the chicken is done, shred the meat and mix into the bowl.
4. Begin heating the oil in a cooking pan over medium heat.
5. Put ¼ to ½ cup of the mix into the center of each tortilla (depending on if they are small or large).
6. Fold the sides of the tortillas in and roll each tortilla up like you would a burrito.
7. Place each chimichanga into the oil carefully, turning them over every 20 to 30 seconds.
8. When they seem nice and brown take them out and place them on a plate.
9. Serve them with the salsa, sour cream, and extra shredded cheese as desired.



Crossword Puzzle



Across

1. The state flower is the _____ blossom.
3. The state bird is the _____.
6. The state is in the U.S. region of the _____.
7. The state motto is "The people _____."
8. You can visit the _____ of Diamonds State Park, which is the only diamond mine in the United States.

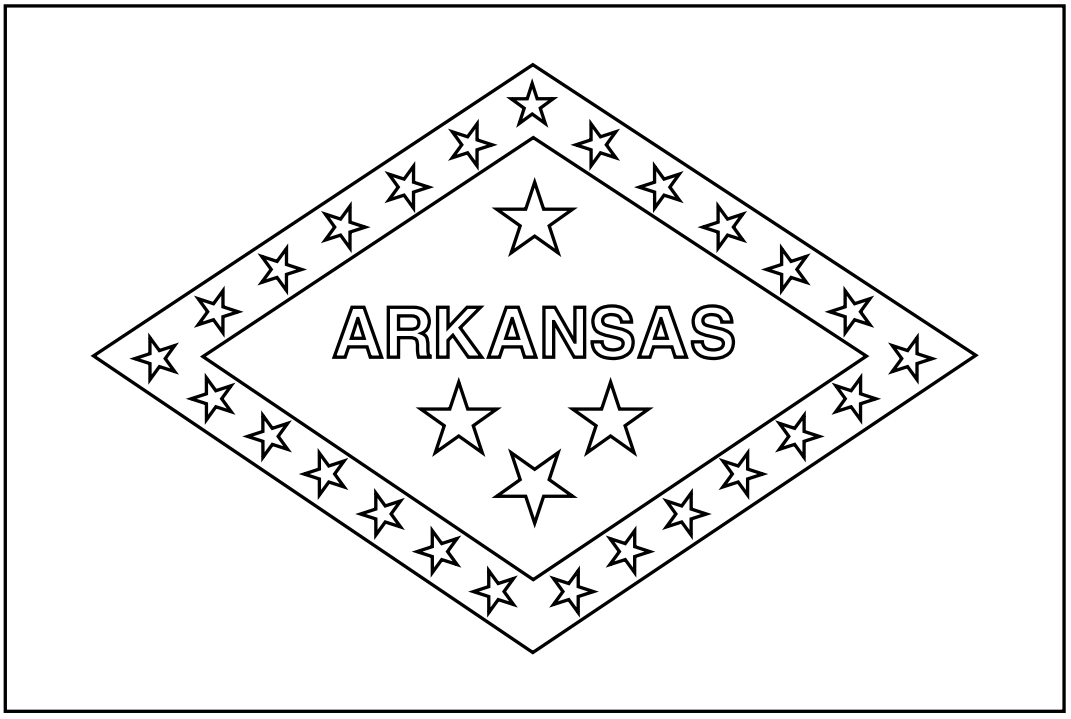
Down

1. Preamble: "We, the People of the State of Arkansas, grateful to _____ God. . . ."
2. The name of the state means "people of the _____."
4. The state nickname is "The _____ State."
5. The capital city of Arkansas is Little _____.
7. _____ has replaced cotton as the primary crop of the state.

DID YOU KNOW? The quarter of Arkansas was the 25th in the State Quarter series. Released on October 20, 2003, it features rice stalks, a diamond, and a mallard duck, all of which reflect the abundance of natural resources across the state.



Color in the flag of Arkansas.



Use this space to draw the state bird, state flower, or something else you found interesting about the state.

Word Search

S B P O P P Y E S A F

A D W C B E E H M P O

C E J G O D T A B N R

R A L O W Q M U O Q E

A T E L N T I W E S T

M H U D O E D K P F I

E K R E R X A L H R M

N O E N T Q U A I L E

T W K E H U I M N Y S

O J A S U P P E R U O

A W E S M Z G R E A Y

1. The capital city of California is _____.
2. The name of the state means "sacrament," named for the Lord's _____ or Holy Communion.
3. The state flower is the Golden _____.
4. The tallest waterfall in North America is _____ Falls.
5. The state is in the U.S. region of the _____.
6. The state bird is the California valley _____.
7. _____ Valley is known as the hottest and driest place in the United States.
8. The state nickname is "The _____ State."
9. Preamble: "We, the People of the State of California, grateful to Almighty _____. . . ."
10. The state motto is "_____!" (I have found it).

DID YOU KNOW? The quarter of California was the 31st in the State Quarter series. Released on January 31, 2005, it features John Muir, who devoted his life to helping preserve Yosemite National Park. Over 4 million people visit the park each year.



Color in the flag of California.



Use this space to draw the state bird, state flower, or something else you found interesting about the state.

Word Scramble

1. The capital city of Colorado is _____.
   enDerv

2. The name of the state means "ruddy" or "_____."
   edr

3. The state flower is the Rocky mountain _____.
   mboceluin

4. The highest suspension bridge in the world is the Royal _____ Bridge.
   georG

5. The state is in the U.S. region of the _____.
   etsW

6. The state bird is the Lark _____.
   inubntg

7. Katherine Lee Bates wrote "_____ the Beautiful" back in 1893.
   iraceAm

8. The state nickname is "The _____ State."
   tenlaCeinbn

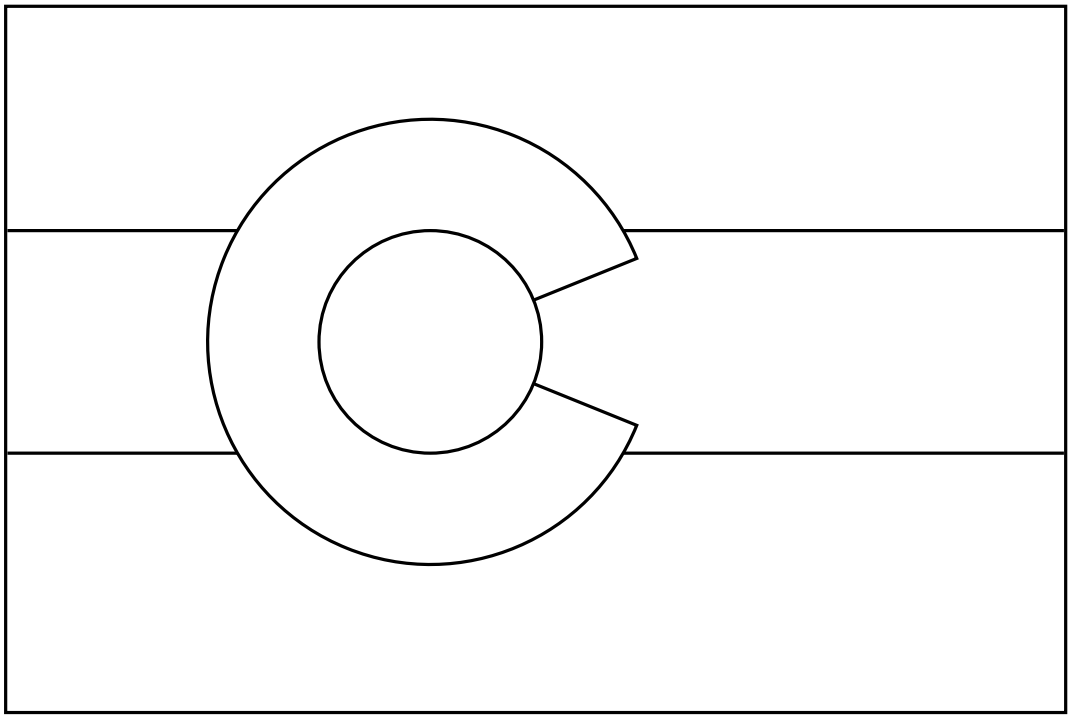
9. Preamble: "We, the people of Colorado, with profound reverence for the Supreme _____ of the Universe. . . ."
   lueRr

10. The state motto is "_____ without providence."
    otgNnhi

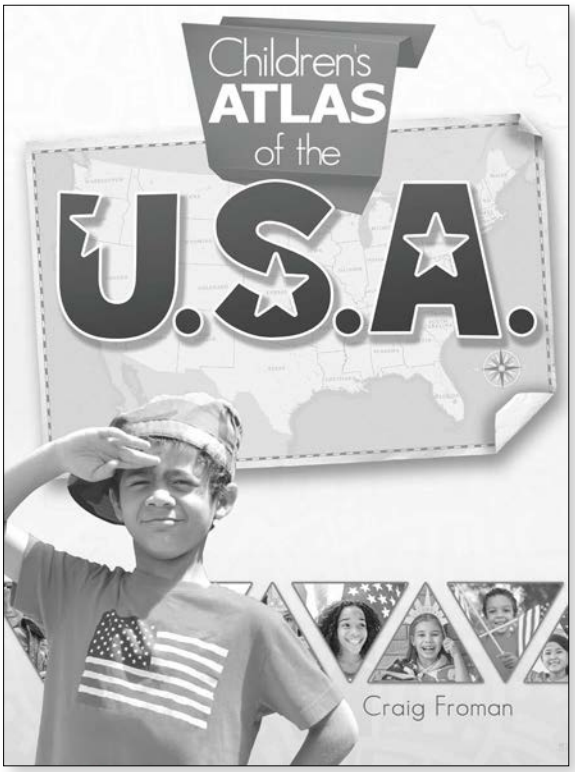
DID YOU KNOW? The quarter of Colorado was the 38th in the State Quarter series. Released on June 14, 2006, it features a vast view of the Rocky Mountains with some evergreen trees in the foreground, as well as a banner that states, "Colorful Colorado."

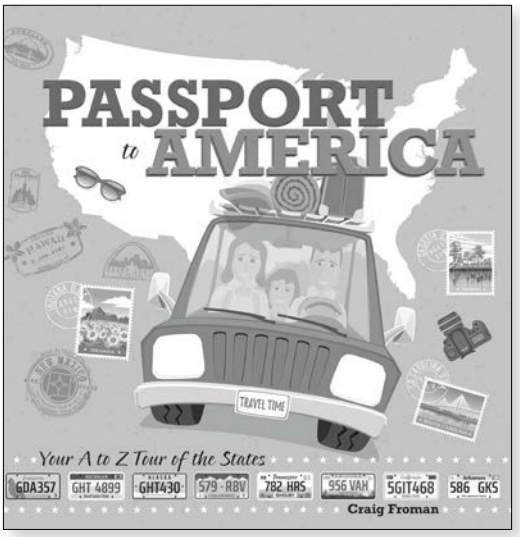


Color in the flag of Colorado.



Use this space to draw the state bird, state flower, or something else you found interesting about the state.





Answer Keys

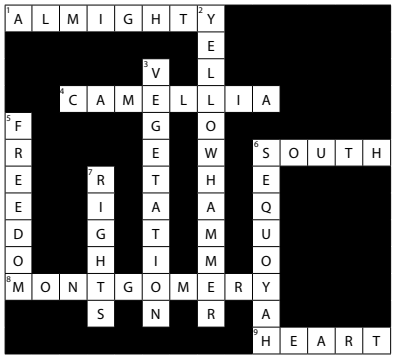
for Use with

Children's Atlas of the U.S.A.

and

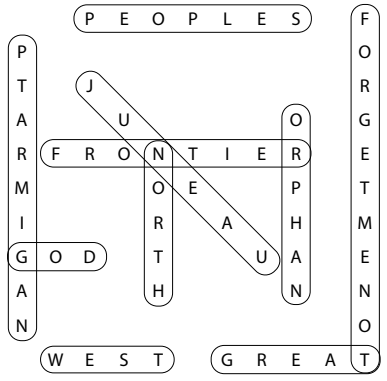
Passport to America

Alabama



Alaska

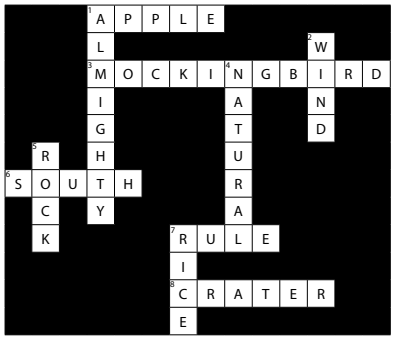
1. Juneau
2. great
3. Forget-me-not
4. orphan
5. West
6. ptarmigan
7. peoples
8. Frontier
9. God
10. North



Arizona

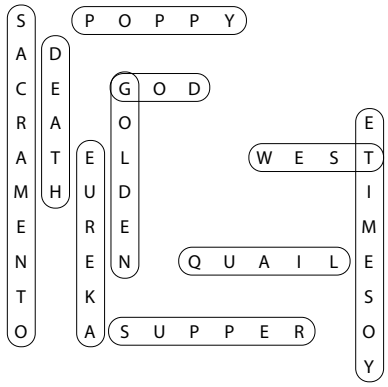
1. Phoenix
2. little
3. cactus
4. Flood
5. West
6. wren
7. copper
8. Grand
9. Almighty
10. God

Arkansas



California

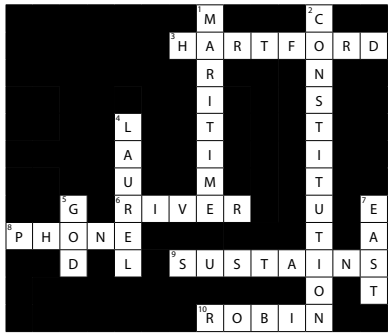
1. Sacramento
2. supper
3. Poppy
4. Yosemite
5. West
6. quail
7. Death
8. Golden
9. God
10. Eureka



Colorado

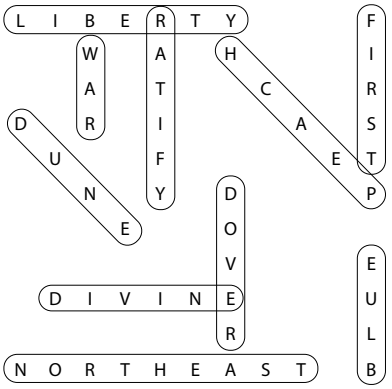
1. Denver
2. red
3. columbine
4. Gorge
5. West
6. bunting
7. America
8. Centennial
9. Ruler
10. Nothing

Connecticut



Delaware

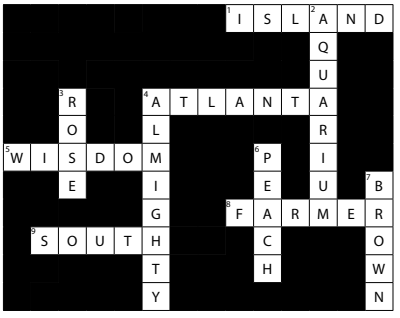
1. Dover
2. war
3. peach
4. Dune
5. Northeast
6. Blue
7. ratify
8. First
9. Divine
10. Liberty



Florida

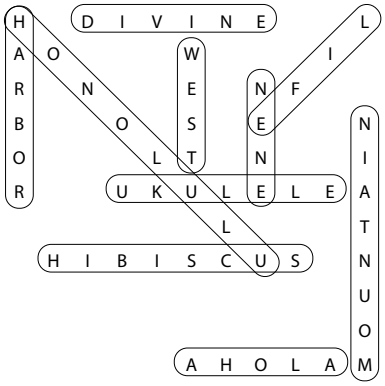
1. Tallahassee
2. Feast
3. Orange
4. Johns
5. South
6. Mockingbird
7. citrus
8. Sunshine
9. Almighty
10. God

Georgia



Hawaii

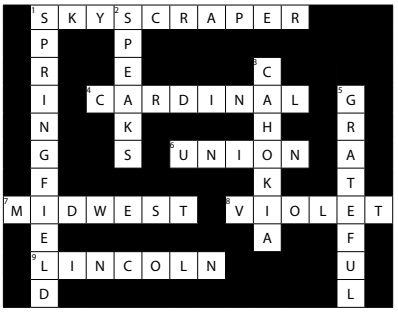
1. Honolulu
2. harbor
3. hibiscus
4. ukulele
5. West
6. Nene
7. mountain
8. Aloha
9. Divine
10. life



Idaho

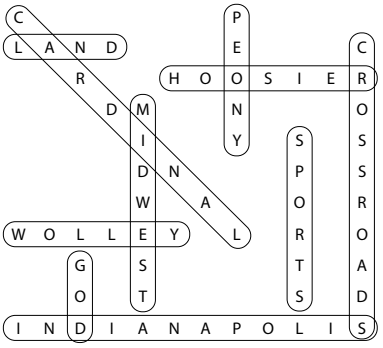
1. Boise
2. gem
3. Syringa
4. seal
5. West
6. bluebird
7. Lookout
8. Gem
9. Almighty
10. Let

Illinois



Indiana

1. Indianapolis
2. Land
3. Peony
4. sports
5. Midwest
6. Cardinal
7. yellow
8. Hoosier
9. God
10. crossroads



Iowa

1. Moines
2. beautiful
3. rose
4. Flood
5. Midwest
6. goldfinch
7. Effigy
8. Hawkeye
9. Supreme
10. prize

Kansas

