Chapter 1 — We Must Decide!

• What are some good decisions you have made? What are some bad ones? Make a list of each.
• Who among your friends seems to know with certainty what he or she wants to do in life? Go and talk to that person. Ask your friend how he or she makes such good decisions.
• Do you know someone whom you feel often makes bad choices? Discreetly observe this person. Can you determine what he or she may be doing wrong?

Chapter 2 - So What’s The Problem?

• What sort of choices or plans do you need to be making right now? What is motivating you to change the way you approach these decisions?
• Think about your past. What sort of problems have you had with the way you make decisions? Write down some of them.
• What has helped you to make good decisions in the past? Share your secret with a friend.

Chapter 3 - Whom Will You Follow?

• Who are the people that have most influenced your life? Friends, teachers, parents, movie characters? List them by name.
• What impact has Jesus had on your life before today? How have you followed Him in the past?
• Is Jesus the leader of your life today? If not, what is holding you back? In either case, share with a Christian friend about your situation.
• Stop and talk to Jesus right now. Ask Him to help you to better trust in his security—in His gift of love, inspiration, forgiveness and eternity.

Chapter 4 — How Does God Lead Us?

• What are some of the attitudes God wants us all to develop? Make a short list for
• What are some of the actions God wants everyone to take? Add these to your list.
• Has your view of God’s guidance been challenged by what you’ve just read? In what ways? What is a more accurate perspective?

Chapter 5 - The Five Ps

• What is your mission in life? Put it into your own words and write it down. Then, describe your mission to a trusted friend.
• Think of a way you can use one of your possessions to help someone. Create a plan and carry it through.
• Name a pastime you enjoy. How can someone else benefit from this privilege? Choose a person and invite him or her to join you.

Chapter 6 — Agape — Currency of the Kingdom

• What can you do to show Jesus you love Him? Think of three ways.
• What action can you take today to show appreciation toward your parents? Decide and act on it!
• Are you committed to a church? If so, how can you get more involved with these people? If not, start searching for a church to call your own.
• Whom do you know that does not follow Jesus? Look for an opportunity to share what you believe with this person.
• What is necessary for you to perform better at work or school? Choose a goal and follow through.
• How can you better care for yourself? Develop a plan and describe it to a friend.

Chapter 7 — POPCORN Decisions

• Think of a decision you’re faced with. Apply the POPCORN decision-making guidelines, and write down the results of each step as you consider it:

  P  Pray for wisdom

  O  List the Options

  P  Weigh the Pros
Chapter 8 - What’s Your Game Plan?

• Select a segment of time, between one and six months. Now, consider what you want to accomplish in each of the following relationships. Write down your plan below:

Relating to JESUS:

Relating to OTHERS

Family:
Believers:
Nonbelievers:
Work:
Nation/Government:

Relating to YOURSELF:

Chapter 9 - Just Do It!

• Think of an important project you decided to do, but have never actually accomplished. What is necessary complete it?
• Think of a situation in which you received strength to finish a difficult commitment. How did this come about? How might you find the strength you need in the future?
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